

## Business Intelligence Hub

### Joint Health and Wellbeing Strategy 2022-2032:

Performance Monitoring for May 2024 Board.

Indicator Trends – Goal 7: Reduce the rates of suicide and self-harm.

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### Contents

Goal 7: Reduce both the suicide rate and the self-harm rate in the city by 20%.....	2
Suicide rate - Male (per 100,000 population) .....	2
Suicide rate - Female (per 100,000 population).....	3
Hospital stays for self harm, per 100,000 population .....	4

## Goal 7: Reduce both the suicide rate and the self-harm rate in the city by 20%

### Suicide rate - Male (per 100,000 population)

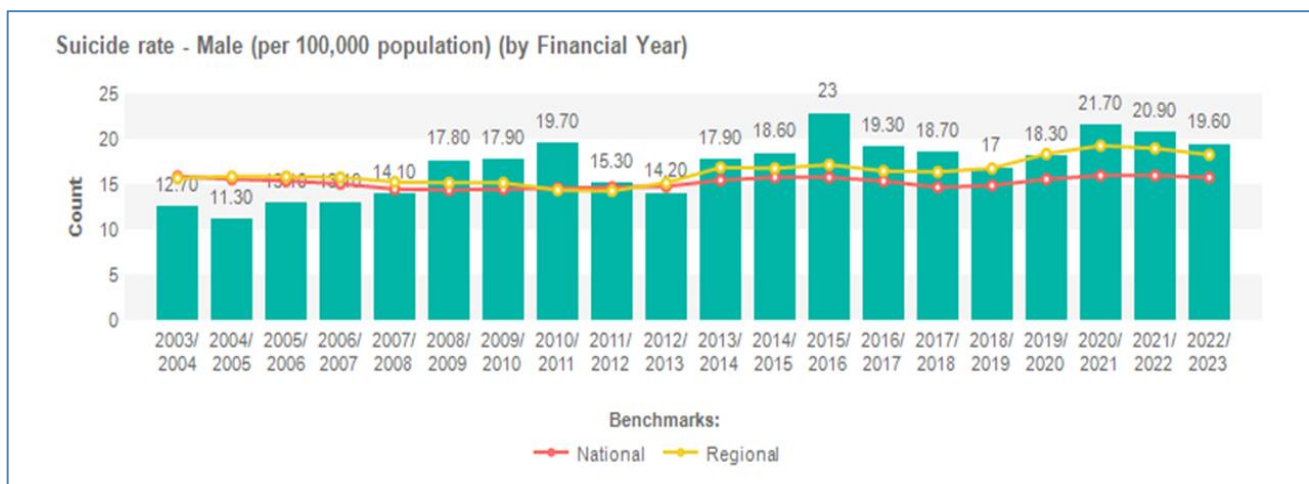
The 'baseline' value for male suicides in York prior to the start of the 2022 Health and Wellbeing Strategy was an age standardised rate of **20.9** deaths per 100,000 of population (10+) for the three year period 2019-2021 (54 deaths).

Achieving the target of a 20% reduction in the rate would require a rate of **16.7** per 100,000 of population (or lower).

The latest rate for York is **19.6** deaths per 100,000 of population (10+) for the three year period 2020-2022 (51 deaths). The rate has therefore fallen since the previous recording period.

The rate in York is above the England average of 15.8 and the regional average of 18.3.

Trend data is available from 2001-03 onwards. The rate in York peaked at **23.0** deaths per 100,000 of population (10+) for the three year period 2013-2015 (59 deaths).



## Suicide rate - Female (per 100,000 population)

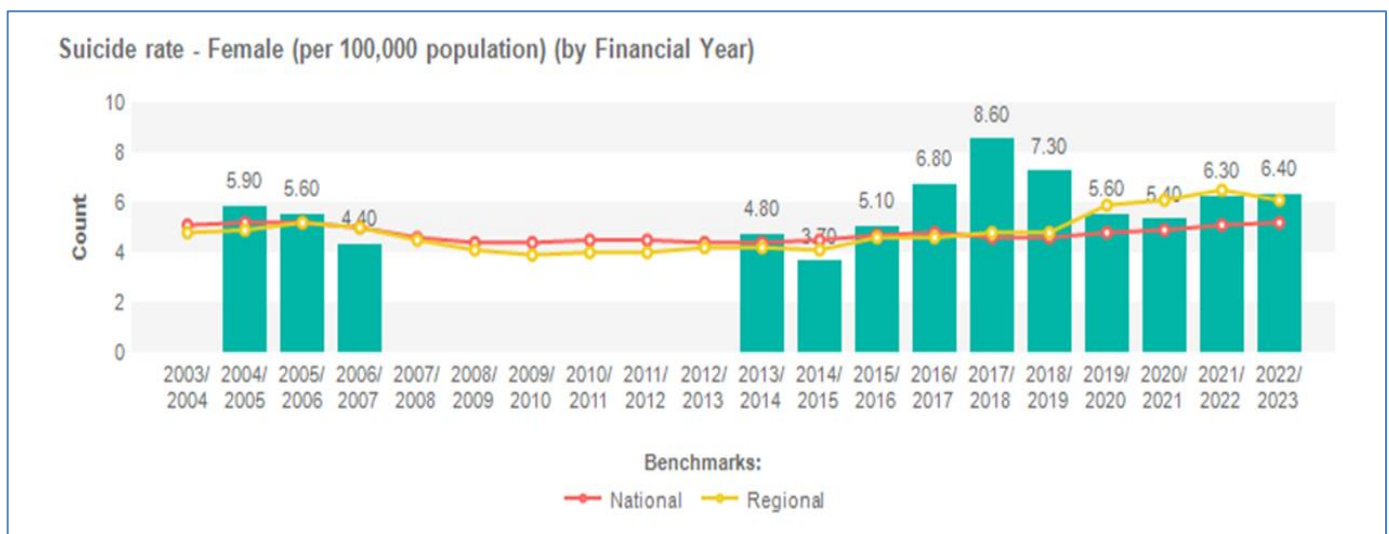
The 'baseline' value for female suicides in York prior to the start of the 2022 Health and Wellbeing Strategy was an age standardised rate of **6.3** deaths per 100,000 of population (10+) for the three year period 2019-2021 (18 deaths).

Achieving the target of a 20% reduction in the rate would require a rate of **5.0** per 100,000 of population (or lower).

The latest rate for York is **6.4** deaths per 100,000 of population (10+) for the three year period 2020-2022 (18 deaths).

The rate in York is above the England average of 5.2 and the regional average of 6.1.

Trend data is available from 2001-03 onwards, however for some periods the number of female suicides in York was low (less than 10 deaths over a three year period) so the rates have not been published. The rate in York peaked at **8.6** deaths per 100,000 of population (10+) for the three year period 2015-2017 (25 deaths).



## Hospital stays for self-harm, per 100,000 population

The 'baseline' value for hospital admissions for self-harm in York prior to the start of the 2022 Health and Wellbeing Strategy was an age standardised rate of **172.4** admissions per 100,000 of population for the period April 2020 to March 2021 (400 admissions).

Achieving the target of a 20% reduction in the rate would require a rate of **137.9** per 100,000 of population (or lower).

The latest rate for York is **155.1** admissions per 100,000 of population the period April 2021 to March 2022 (340 admissions). The rate has therefore fallen since the previous recording period.

The rate in York is below the England average of 163.7 and above the regional average of 146.6

Trend data is available from 2010/11 onwards. The rate in York peaked at **254.3** admissions per 100,000 of population for the period April 2015-March 2016 (570 admissions).

